

N.S.W./A.C.T./N.T.
GROUP MEETINGS & AREA CONTACTS

Blacktown

3rd Monday monthly - Blacktown R.S.L. Club 10.30am
Contact: Trish 02 9621 7757 or Di 0403 230 209

Broken Hill

Contact: Sue 08 8088 3045

Canberra Support Group - A.C.T.

Social lunch gathering, Northside or Southside
on last Wednesday of each month.
Contact : Jo 02 6230 3452 or Diana 062415184

Central Coast Sub-Branch

4th Tuesday monthly at 10.00am –
Kincumber Neighbourhood Centre
1/20 Kincumber Street, Kincumber
Contact: Robyn 0410 411 290 or Helen 0403 499 905

Coffs Harbour/Woolgoolga

Contact: Liz 02 6658 2157

Cooma

Contact: Susan 02 6452 3093

Darwin

Contact: Pam Olney 0407 729 727

Eurobodalla/South Coast

Contact: Helen 02 4474 2362

Far North Coast (Ballina)

1st Tuesday every month at 11.00am
Ballina RSL Club, River Street downstairs
in Boardwalk Café followed by lunch
Contact: Lorraine..0439 301 249...
lorraineafox@gmail.com

Goulburn

Contact: Irene 02 4822 9410

Grafton

3rd Tuesday every month at 10.00am -
Legacy House, Grafton.
Contact: Kerri-Anne 0266 493 041

Illawarra/Wollongong

Contact: Robin 02 4228 4068

Kempsey

Contact: Lee 02 6566 9498

Leeton

Contact: Karleen 02 6955 6434 OR
Malvena 02 6953 8423

Macarthur Area Group

3rd Friday monthly - 10.30am at Ingleburn RSL
for a chat and lunch.
Contact: Pauline 02 9824 8312 OR
Maria 0417 442 8300

Maitland

2nd Monday monthly at 9.30am -
East Maitland R.S.L. Sub-Branch Hall.
Contact: Sharyn 02 4928 4878

Manly/ / Warringah

Contact: Cheryl 02 9982 6694 or
0417 414 447

Nambucca Heads

Contact: Ellen 02 6568 5379

Nepean

Contact: Maree 02 9623 7126

Newcastle / Lake Macquarie Sub-Branch

2nd Friday monthly at 10.30am
Newcastle RSL Sub-Branch Hall –
48 Baker Street, Mayfield
Di 02 4956 9450 – Narelle 0407 450 896

Parkes

Contact: Jeanine 0428 270 014

Port Macquarie/Hastings

3rd Wednesday monthly - lunch at various
locations. Contact: Tineke 02 6586 3461

Shoalhaven / Nowra /Vincentia

4th Friday of the month at various locations
For coffee and chat.
Contact: Lynne 0408 293 274

Singleton

3rd Tuesday monthly at 10.00am
Legacy room – 1 Pitt Street - Singleton.
Contact: Betty 0413 415 838

Sutherland Shire Support Group (Sydney)

For information re get togethers, please
contact: June Roe OAM 02 9525 9613

Tamworth

Contact: Judy 02 6766 1593

Taree Sub-Branch

2nd Friday monthly at 10.00am
At Taree RSL Club
Contact: Brenda 02 6557 4451

Tweed / Coolangatta

Contact: Wanda 0405 509 293

Yass

Contact: Maureen 02 6226 1334