



The Partners of Veterans Association  
South Australian Branch Inc.



**SA NEWSLETTER**  
**NOVEMBER 2025**

*This edition of the PVA SA Newsletter has been printed by courtesy of Cressida O'Hanlon MP,  
Member for Dunstan SA, 90-94 The Parade at Norwood SA 5067*

**From the PVA SA Board to PVA Members**

Hi Everyone,

How times fly. Here we are again almost to the end of 2025. It has been very busy for PVA with the National Conference and Veterans Family Day where both were very well received.

**Functions that have happened since our last Newsletter in June 2025:**

- 1. Xmas in July event at the Walkers Arms in 25<sup>th</sup> July plus the 25<sup>th</sup> Anniversary of PVA**  
*(see photos on page 2).*
- 2. PVA SA Annual General Meeting 2/9/2025** where the new SA State Management Board was elected. *(see photo of page 2)*
- 3. Band Concert held on 12<sup>th</sup> October 2025** *(see photos page 4)*

**AND COMING UP: PVA SA Xmas breakup lunch on 25<sup>th</sup> November, 2025. This will once again be held in Memorial Hall at Torrens Parade Ground. A light lunch will be provided and our fun activities.**

Because this is the last Newsletter for 2025, I would like to wish you all a Merry Christmas and a prosperous New year. I hope you all get a chance to spend some leisure time with family and friends.

Looking forward to 2026.

**Chris Goodfellow OAM**

**Welcome**

To our 8 new SA Members since July

- Jillian Jebb of Greenwith SA
- Maxine Fenton of Greenwith SA
- Sophie Ozga of Hope Valley SA
- Cherryl Rudd of Modbury North SA
- Beverley Mullins of Para Hills West
- Lorraine Newnham of Salisbury Plain
- Sarah Sellars of Gawler East
- Margaret Stoker of Modbury Heights

**REMINDER\***

**There are a few outstanding fees owing for 2025-2026.**

**DIRECT DEPOSIT at Beyond Bank:**

**Account Name:** Partners of Veterans Association of Australia-SA Branch Inc.

**BSB:** 325 185 **Account Number:** 03603892

Contact Treasurer, Linda Staszynski for a receipt.

**M: 0417 081 150** or

**Email:** [sa.treasurer@pvasa.org.au](mailto:sa.treasurer@pvasa.org.au)

**HEADS UP - PVA SA MEMBER'S XMAS SOCIAL GET-TOGETHER**



**PVA SA Membership Xmas get-together on: Tuesday 25/11/2025**

**10.30am-2:00pm**

**In the RSL Memorial Hall  
Torrens Parade Ground, Adelaide.**

The State Management Board is looking forward to welcoming all members to our Annual Xmas Event.

*There will be door prizes, raffles, and **Santa**.  
Food and drinks supplied.*

**For catering purposes please RSVP to:**

**Linda - M:0417 081 150** or

**Chris - M:0468 786 241**

## NEW PVA SA STATE MANAGEMENT BOARD - 2025-2026

**Chris Goodfellow**

**President:**

eMail: [sa.president@pvasa.org.au](mailto:sa.president@pvasa.org.au)

**Linda Staszynski**

**Treasurer:**

eMail: [sa.treasurer@pvasa.org.au](mailto:sa.treasurer@pvasa.org.au)

**Liz Jones**

**Hon. Secretary & Membership Officer:**

eMail: [sa.secretary@pvasa.org.au](mailto:sa.secretary@pvasa.org.au)

eMail: [sa.membership@pvasa.org.au](mailto:sa.membership@pvasa.org.au)

**Pauline Cameron**

**National Director**

eMail: [sa.natdirector2@pvasa.org.au](mailto:sa.natdirector2@pvasa.org.au)

### **Board Members:**

**Rosemary Pulford** (Regional Representative Southern Fleurieu).  
**Angela Portakiewicz; Joy Biddle; Colleen Harvey; Nicola Black**



Two Life Member Awards were presented at the 2025 AGM to: **Sharyn Walter, Auditor for PVA SA and Linda Staszynski, PVA SA Treasurer**



**Pauline Cameron**  
**Board Member**

was absent at the 2025 AGM  
She has also been reelected  
as a member of the  
2025-2026  
State Management Board

AND, also a big thank you at the AGM to:

**Genny Bruce, (PVA SA Life Member)** in appreciation for  
her contribution to fund raising for PVASA in making jams  
and relishes to sell.



## **PVA SA - RECENT EVENTS: JULY-OCTOBER 2025**

**Christmas in July and PVA's 25<sup>th</sup> Anniversary - Wednesday 16<sup>th</sup> July**  
**Held at the Walker's Arms Hotel, Walkerville**  
**with 35 PVA SA Members attending**



**Article kindly Submitted by Angela Portakiewicz**

**The Parliamentary Friends of Veterans Forum - 19<sup>th</sup> August, 2025.**

The Hon. Sarah Game MLC, hosted the Parliamentary Friends of Veterans Forum on 19<sup>th</sup> August, 2025 at Parliament House. I was one of two guest speakers as *PVA SA representative - Angela Portakiewicz*. There were over 50 guests present. Among the dignitaries were: The Hon. Joe Szakacs MP Minister for Veterans' Affairs; and The Hon. Adrian Pederick MP, Shadow Minister for Veterans' Affairs. My speech was well received as you could have heard a pin drop. I spoke of my experience as a wife of a Veteran, both in the ADF and life after the ADF. I explained the role of PVA and the support they offer Partners of Veterans and their families. This included the impact military life has on the children and partners of veterans. I addressed the need for Government to support ADF families. I was warmly congratulated on my speech. Some of those present could relate to what was said, others approached me afterwards, to obtain more information. Thank you to Colleen Harvey, who worked diligently behind the scene distributing PVA information and advertising our upcoming Concert.



**From L – R:** Hon. Geoff Brock MP; Hon. Sarah Game MLC; Heather Willis President and Deputy Chair, Legacy Club of SA and Broken Hill Inc; Angela Portakiewicz, PVA SA; Henry Lloyd Davis, Principal.



**SA Board Members Joy and Linda at the opening of the Northern Veterans & Families Wellbeing Hub opening on 14/8/2025**



**Chris Goodfellow OAM PVA SA President Celebrating a special birthday in June 2025**

**News Article from Angela Portakiewicz**

**MACCLESFIELD ANZAC MEMORIAL GARDENS (a place of tranquillity and peace)**

A beautiful drive into the Adelaide Hills, where I was privileged to attend the scattering of ashes of a Vietnam Veteran on Sunday, 21<sup>st</sup> September at the Anzac Memorial Gardens. Enjoy nature at its best with the ultimate stop at the Macclesfield Anzac Memorial Gardens. The Macclesfield Anzac Memorial Gardens is a gem of a place. The veterans at Macclesfield have put a lot of work into making the gardens a place to remember. Take a short drive to visit the Macclesfield RSL Museum. If you would like to know more; phone Dennis Oldenhove on 0407 395 833.



**Celebration pics of the 10<sup>th</sup>/12<sup>th</sup> RSAR Battalion Band Concert held at St Peter's Girls School, Stonyfell on Sunday 12<sup>th</sup> October 2025**



An absolutely brilliant concert. The audience was buckled in comfortably on board a plane visiting many countries through music and song. We visited Japan through the professional Japanese drummer. She took our breath away. We were entertained by the Rock Band with songs from Shainia Twain, Brian Adams, Elvis Presley, Bony M and more. The audience joined in with the rhythm, singing and clapping. They all left with a smile on their face and all added "it was great." Thank you to all who attended and supported us. A Big Thank You to the 10th/27<sup>th</sup> Battalion Band RSAR for their amazing performance and support of PVA SA.  
*(Angela Portakiewicz)*



**Our Fabulous PVA SA Jam Makers:  
Genny Bruce and Rosemary Pulford  
(Life Members of PVA SA)  
In attendance and fund raising at the  
2025 10/27<sup>th</sup> Battalion RSAR  
Band Concert:**

## The Lot of the Veteran's Wife

Seems that compromise and sacrifice  
Are the lot of the veteran's wife  
As she helps her former soldier  
Through his troubled post-war life

For his ailments may be many  
And his disposition poor  
Dogged by ghosts of former conflict  
And the mental scars of war

Now his sleep is always fitful  
If he even sleeps at all  
For his ailments and his nightmares  
Are never far away at all

If it's not the rash that itches  
From the chemicals of war  
You can bet his ears are ringing  
From a dull but constant roar

He may thrash around while sleeping  
As he dreams of old gun posts  
And awaken wet and screaming  
As he fights his war time ghosts

Now his wife most loyal and caring  
Suffers quietly by his side  
As he daily loses battles  
For his health is on the slide

Over time she's been required  
To take care of more and more  
As her partner can no longer  
Do much more than simple chores

For her partner's lost all interest  
And is hard to get engaged  
So she works on his emotions  
Hoping he won't get enraged

And as he loses his ability  
To put in a full day's work  
It's his anger that increase  
And at times sends him berserk

For his intolerance increases  
In proportion to his stress  
Such that anything's a trigger  
And his wife can only guess

At what will set him off today  
Can I keep him cool and calm?  
Or will something else ignite him  
And risk causing someone harm

For he can be so hard to read  
When she is looking for a clue  
Of the next thing that is likely  
To bring on another blue

So she tiptoes round on eggshells  
With this vet – so volatile  
It's little wonder when you see her  
That she finds it hard to smile

Yet it's with loving eyes  
And wary steps, she faces every day  
To protect her mate from danger  
And support him – come what may

For her battle's never-ending  
With the sentence of her man  
And with fierce determination  
She is doing all she can

So to the wives of all the veterans  
We salute you one and all  
For your courage and devotion  
It is you who should stand tall

And when they're handing out the medals  
For the people who have served  
There should be one for all these women  
As this seems the most deserved

So next time you see a veteran  
In a somewhat damaged state  
Spare a thought for all the struggles  
Faced by his long-suffering mate

© **Bob Walter** - July 2011



## Coffee and Chat Groups

### NORTH EASTERN, MODBURY:

- 2<sup>nd</sup> Thursday each month, 10.00am
- The Modbury Plaza Hotel
- 989 North East Rd, Modbury
- Contact Joy B. M:0411 244 852

### SOUTHERN SUBURBS, REYNELLA

- 2<sup>nd</sup> Thursday each month, 10.30am
- at Café Buongiorno
- 93 Main South Rd, O'Halloran Hill
- Contact Margaret C. Hm:08 8326 8577
- Contact Margaret E. M:0439 142 221

### CLARE

- Various times and venues for either coffee/chat or lunch
- Contact Wendy L. M:0417 823 558

### SOUTHERN FLEURIEU

- Various times and venues
- Contact Rosemary P. M:0418 422 183
- Contact Kathie V. M:0438 877 709

### HEALTH AND HARMONY

- 4th Thursday each month, 10.30am to 1.30pm
- RSL Memorial Hall
- Torrens Parade Ground, Adelaide.
- Contact Anne H. Hm:08 8262 3974

A Nationwide support network for partners of past and present members of the Australian Defence Force (ADF) and their allies.

P.V.A. believes it is imperative that no partner should ever feel deserted, defeated or most of all, totally isolated and/or alone.

- **Aged Rights Advocacy Services (ARAS)**  
Advocates are available at the Strathalbyn Library on the 1<sup>st</sup> Tuesday of each month, answering questions on aged rights. Services are free, confidential, and culturally safe. No need to book, simply attend the Strathalbyn Library at 1 Colman Tce between 10.00am to 12.00pm. <https://www.facebook.com/photo/>

### Real Estate

**Debbie Glastonbury** is a PVA SA member that contributes to the cause of supporting partners of veterans through her work in real estate.

**FOR ALL YOUR REAL ESTATE NEEDS, CALL DEBBIE TODAY!**

Thinking of Selling?

With over 50 years of trusted results and local expertise, we're here to help you make confident, informed decisions.

Contact Debbie today for your no-obligation market appraisal.

**DEBBIE GLASTONBURY**  
0432 209 355  
debbie@magain.com.au

**MAGAIN**  
MA222382



### Murray Bridge JP Services:

- Melanie Bassham, JP for South Australia
- Flexible with times and places to meet.
- Ph: 0401 552 250



### Seniors Card Fuel Discount

You can receive a 4c p/ltr discount on your fuel purchase with United Petroleum service stations if you hold a [Seniors Card](#). To register online for a digital or physical United Petroleum fuel discount card go to [United Petroleum](#) or call the United Customer Solutions team on 1300 383 587.

### PVA Support Line: 1300 553 835

Your nationwide link to support, friendship, information and understanding.

**\*Local call cost from landline.** Mobile call costs according to your mobile phone provider rates.

### Legacy: 08 8231 9812 or 1800 534 229.

Legacy offers Financial Hardship, Social Connection, and Developmental (Educational) Opportunities programs to the families of Australian Defence Force men and women who have lost their lives or their health as a result of their service.

Website: [www.legacy.com.au](http://www.legacy.com.au)

Email: [reception@legacysa.org.au](mailto:reception@legacysa.org.au)

